



## Culinary Culture

Choose a country and explore their traditions and culture around food and dining. Recreate a dining experience relating to your chosen country for your leaders or parents.

### EXPLORERS



Two Sessions  
30/45 minute  
1hr/ half

#### EQUIPMENT

Planning Sheet  
Pens  
Internet Access

#### INSTRUCTIONS

##### WEEK ONE

1. Launch the idea of an international themed night with a difference. Each group must plan and execute a two course meal for four people from a Country or Continent They they have selected from the cards. The budget is £15.00. All teams also only get two stoves or gas rings.
2. In teams of 4-6 they must plan, decorate a table and research the food cultures and traditions of their chosen Country.
3. Work through the handout submitted it to the leaders for the following week so that they can do the shopping for the event.

##### WEEK TWO

1. Explorer Scouts should work in their teams to prepare the space and their dishes within a one hour time slot.
2. Leaders/ Parents then judge them on the food, decoration and knowledge.

#### Risk Assessment Considerations

Supervision may be required when Explorer Scouts are using knives and heat.

Hand washing facilities must be made available



## Culinary Culture

**CHINA**

**MEXICO**

**GREECE**

**MOROCCO**

**INDIA**

**NORTH  
AMERICA**

## Culinary Culture

Name of Country

Dish one \_\_\_\_\_

Ingredients

COST

Dish two \_\_\_\_\_

Ingredients

COST

Food Cultures/ Traditions

Decorations to make /organise